

## INDEX

Records	Page 2
State Team Results	Page 3
SIC Team Results	Page 5
GDC Team Results	Page 6
METRO Team Results	Page 7
State Place Finishers	Page 8
METRO Place Finishers	Page 16
METRO Records	Page 18



# O'GORMAN KNIGHTS

## BOYS TRACK AND FIELD "TOP 5 ALL TIME" LIST

### O'Gorman Track Top Five All-Time Performances

#### 100m Dash

1. Canyon Bauer 10.7 2018
2. Alex Butterfield 10.8 1997  
Phil Wright 10.8 2008
3. Dave Cota 10.9 1969  
Mike McConnell 10.9 1970  
Jamie Kiley 10.9 1972  
Jim Severson 10.9 1972  
Jeff Meinen 10.9 1984  
Mark Sullivan 10.9 1986  
Dodi Makwinja 10.9 2016

#### 200m Dash

1. Alex Butterfield 22.2 1997  
Trevor Hooten 22.2 2008
2. Andrew Reuter 22.3 2017
3. Dave Cota 22.4 1970  
Phil Wright 22.4 2009

#### 400m Dash

1. Andrew Reuter 49.1 2016
2. Rick Kiley 49.2 1972
3. Tyler Bartling 49.6 2002
4. Tyler Kendle 49.7 2004  
Kelby Tague 49.7 2010

#### 800m Run

1. Tiegen Lindner 1:54.0 2016
2. Chance Freese 1:55.1 2013
3. Tyler Kendle 1:55.5 2004
4. Aaron Strand 1:56.6 1997
5. Scott Hargens 1:57.7 2004

#### 1600m Run

1. Tiegen Lindner 4:18.4 2016
2. Jason Greene 4:18.8 1995
3. Mike McCulloch 4:22.7 1984
4. Jeff Eneboe 4:25.6 1995
5. Chance Freese 4:27.6 2013

#### 3200m Run

1. Jason Greene 9:36.5 1995
2. Tiegen Lindner 9:45.3 2016
3. Connor Branick 9:45.6 2012
4. Sam Kean 9:47.6 1997
5. Gary Jaeger 9:50 1981

#### Triple Jump

1. Luke Fritsch 46-5 2016
2. Kelby Tague 45-5 2010
3. Brian Ross 45-1/2 1982
4. Ryan Good 44-8 1990
5. Scott Jones 43-8 1/2 1983

### BOYS TRACK AND FIELD RECORDS

100 Meters:	Canyon Bauer 2018	10.7
200 Meters:	Alex Butterfield 1997	
	Trevor Hooten 2009	22.2
400 Meters:	Andrew Reuter 2016	49.1
800 Meters:	Tiegen Lindner 2016	1:54.0
1600 Meters:	Tiegen Lindner 2016	4:18.4
3200 Meters:	Jason Greene 1995	9:36.0
110 Hurdles:	Matt Merritt 1995	14.4
300 Hurdles:	Matt Merritt 1995	38.6
Long Jump:	Dennis Schoenwald 1993	22' 6"
Triple Jump:	Luke Fritsch 2016	46' 5"
Shot Put:	Jeff Lukens 1976	59' 7 1/2"
Discus:	Tom Slattery 1983	173' 5"
High Jump:	Mark Payne 1978	
	Jack Peery 2016	6' 6"
Pole Vault:	Brendan Branick 2014	14' 0"
4 X 100 Relay:	Ryan Norman Chase Ohme Jimmy Nasser Matt Wiederrich 2001	43.1
4 X 200 Relay:	Matt Greenfield Trevor Hooten Will Powell Phil Wright 2008	1:29.9
4 X 400 Relay:	Scott Hargens Jared Greenfield Andrew Wilka Tyler Kendle 2004	3:22.4
4 X 800 Relay:	Scott Hargens Jared Greenfield Patrick Klotzbach Tyler Kendle 2004	7:50.0
Medley Relay:	Greg Frankman Dave Cota Dan Crawford Randy Headrick 1970	3:32.4

### O'Gorman Track Top Five All-Time Performances

#### 110m Hurdles

1. Matt Merritt 14.4 1995
2. Anthony Blaine 14.6 2000
3. Jerry Marr 14.9 1969
4. Mike Sabers 14.96 1993
5. Steve Sabers 15.1 1984  
Mike Bollinger 15.1 1998

#### 300m Hurdles

1. Matt Merritt 38.6 1995
2. Matt Begeman 39.7 2002
3. Alex Hertz 39.8 2018
4. Luke Fritsch 39.9 2016
5. Mike Sabers 40.1 1993

#### Pole Vault

1. Brendan Branick 14-0 2014
2. Jay Carlson 13-6 1981  
Tycho Clausen 13-6 2018
3. Brad Freidel 13-3 1979
4. Trevor Hooten 13-0 2009

#### High Jump

1. Mark Payne 6-6 1978  
Jack Peery 6-6 2016
3. Dave Bruhn 6-4 1985
4. Lee Larscheid 6-3 1968  
Dave Bruhn 6-3 1984  
Justin Olson 6-3 1993

#### Long Jump

1. Dennis Schoenwald 22-6 1993
2. Jim Hargens 22-3 3/4 1970
3. Kelby Tague 22-2 2010
4. Luke Fritsch 21-10 1/2 2015
5. Tyler Schulte 21-9 2006

#### Shot Put

1. Jeff Lukens 59-7 1976
2. Steve Lukens 55-10 1979
3. Mike Hardie 55-4 2010
4. Cedrick Lang 54-11 2011
5. Jared Kantack 54-8 2003

#### Discus

1. Tom Slattery 173-5 1983
2. Jason Whiting 170-6 1997
3. Ryan Sheppard 165-2 2002
4. Austin Pharis 161-6 2013
5. Mike Hardie 159-2 2010

## O'GORMAN BOYS STATE TRACK RESULTS

<u>Season</u>	<u>Coach</u>	<u>Points</u>	<u>Place</u>
1965-66	Bill Dunn		None Member
1966-67	Bill Dunn	16	5th
1967-68	Bill Dunn		No Entries
1968-69	Bill Dunn	20	5th
1969-70	Bill Dunn	10	10th
1970-71	Bill Dunn	12	6th
1971-72	Bill Dunn	23	5th
1972-73	Bill Dunn	3	T 14th
1973-74	Bill Dunn	1	T 19th
1974-75	Mike Breidenbach	3	T 19th
1975-76	Mike Breidenbach	6	T 12th
1976-77	Steve Schulte	6	T 13th
1977-78	Steve Schulte	13	T 9th
1978-79	Rod Garrison	26	5th
1979-80	Rod Garrison	4	T 17th
1980-81	Rod Garrison	8	12th
1981-82	Rod Garrison	10	T 9th
1982-83	Rod Garrison	12	10th
1983-84	Rod Garrison	31	7 th
1984-85	Doug Lindner	17	13th
1985-86	Doug Lindner	7	12th
1986-87	Doug Lindner	23	10th
1987-88	Doug Lindner	17	10th
1988-89	Doug Lindner	8	16th
1989-90	Rick Lynch	30	7th
1990-91	Doug Lindner	38	7th
1991-92	Doug Lindner	19	11th
1992-93	Doug Lindner	70	4th
1993-94	Doug Lindner	35	7th
1994-95	Doug Lindner	59	4th
1995-96	Doug Lindner	43	8th
1996-97	Doug Lindner	68	5th
1997-98	Doug Lindner	30	11th
1998-99	Doug Lindner	26	13th
1999-00	Doug Lindner	20	12th
2000-01	Doug Lindner	40	7th
2001-02	Doug Lindner	48	8th
2002-03	Doug Lindner	47	6th
2003-04	Doug Lindner	66	3rd
2004-05	Doug Lindner	21	12th
2005-06	Doug Lindner	25	12th
2006-07	Doug Lindner	17	13th
2007-08	Doug Lindner	28	10th
2008-09	Doug Lindner	9	T 15th
2009-10	Doug Lindner	40	8th
2010-11	Doug Lindner	12	14th
2011-12	Doug Lindner	14	15th
2012-13	Doug Lindner	21.5	11th
2013-14	Doug Lindner	14.5	15th

## O'GORMAN BOYS STATE TRACK RESULTS

2014-15	Doug Lindner	32	9th
2015-16	Doug Lindner	62	7th
2016-17	Aaron Strand	38	7th
2017-18	Aaron Strand	36	7th

## O'GORMAN BOYS SIC CONFERENCE RESULTS

<u>Season</u>	<u>Coach</u>	<u>Points</u>	<u>Place</u>
1974-75	Mike Breidenbach	17	5th
1975-76	Mike Breidenbach		
1976-77	Steve Schulte	48	5th
1977-78	Steve Schulte	67	4th
1978-79	Rod Garrison	45	6th
1979-80	Rod Garrison	5	7th
1980-81	Rod Garrison	39	7th
1981-82	Rod Garrison	51	6th
1982-83	Rod Garrison	56	5th
1983-84	Rod Garrison	101	2nd
1984-85	Doug Lindner	49	5th
1985-86	Doug Lindner	63	4th
1986-87	Doug Lindner	34	5th
1987-88	Doug Lindner	48	5th
1988-89	Doug Lindner	60	5th
1989-90	Rick Lynch	61	6th
1990-91	Doug Lindner	82	4th
1991-92	Doug Lindner	97	3rd
1992-93	Doug Lindner	120	1st
1993-94	Doug Lindner	73	4th
1994-95	Doug Lindner	86	2nd
1995-96	Doug Lindner	95	2nd
1996-97	Doug Lindner	121	2nd
1997-98	Doug Lindner	63.5	4th

## O'GORMAN BOYS GDC CONFERENCE RESULTS

<u>Season</u>	<u>Coach</u>	<u>Points</u>	<u>Place</u>
1998-99	Doug Lindner	45	7th
1999-00	Doug Lindner	35	T 7th
2000-01	Doug Lindner	68	4th
2001-02	Doug Lindner		Cancelled
2002-03	Doug Lindner	72	3rd
2003-04	Doug Lindner	69	3rd
2004-05	Doug Lindner	25	6th
2005-06	Doug Lindner	56	5th
2006-07	Doug Lindner	34	7th
2007-08	Doug Lindner		Cancelled
2008-09	Doug Lindner	65	6th
2009-10	Doug Lindner	50	7th
2010-11	Doug Lindner	60.5	6th
2011-12	Doug Lindner	29	7th
2012-13	Doug Lindner	65	6th

## O'GORMAN BOYS METRO CONFERENCE RESULTS

<u>Season</u>	<u>Coach</u>	<u>Points</u>	<u>Place</u>
2013-14	Doug Lindner	44.5	5th
2014-15	Doug Lindner	55	4th
2015-16	Doug Lindner	74	4th
2016-17	Aaron Strand	50	5th
2017-18	Aaron Strand	69	3rd

## O'GORMAN BOYS STATE TRACK PLACE WINNERS

<u>Year</u>	<u>Event</u>	<u>Runner</u>	<u>Place</u>
1966-67	100 yd	Mike McConnell	2nd
1966-67	440 yd	Dan Donohue	2nd
1966-67	Medley Relay		4th
1966-67	220 yd	Mike McConnell	1st
1967-68		None	
1968-69	100 yd	Dave Cota	2nd
1968-69	880 yd Relay		2nd
1968-69	220 yd	Dave Cota	2nd
1968-69	2 mile	Denny Barnett	2nd
1968-69	Long Jump	Jim Hargens	4th
1969-70	100 yd	Dave Cota	4th
1969-70	Medley Relay		2nd
1969-70	880 yd	Tom Donahue	5th
1969-70	220 yd	Dave Cota	5th
1970-71	100 yd	Keith Severson Jr.	3rd
1970-71	880 yd Relay		3rd
1970-71	220 yd	Keith Severson Jr.	5th
1970-71	Mile Relay		3rd
1972-73	440 yd	Rick Kiley	1st
1972-73	Medley Relay		2nd
1972-73	220 yd	Rick Kiley	3rd
1972-73	Mile Relay		1st
1972-73	Discus	Brian Galvin	5th
1972-73	Low Hurdles	Bill Pederson	4th
1973-74	Triple Jump	Bill Pederson	5th
1974-75		None	
1975-76	Shot Put	Jeff Lukens	1st
1976-77	Shot Put	Steve Lukens	2nd
1976-77	High Jump	Mark Payne	4th
1977-78	Shot Put	Steve Lukens	4th
1977-78	High Jump	Mark Payne	T 4th
1977-78	Mile Relay		4th
1977-78	Medley Relay		1st



## O'GORMAN BOYS STATE TRACK PLACE WINNERS

<u>Year</u>	<u>Event</u>	<u>Runner</u>	<u>Place</u>
1978-79	Shot Put	Steve Lukens	4th
1978-79	Discus	Steve Lukens	3rd
1978-79	200 Meter	Jamie Kiley	5th
1978-79	800 Meter Relay		3rd
1978-79	1600 Meter Relay		1st
1978-79	Medley Relay		1st
1979-80	Pole Vault	Jay Carlson	2nd
1980-81	Triple Jump	Brian Ross	2nd
1980-81	Pole Vault	Jay Carlson	2nd
1981-82	800 Meter Relay		5th
1981-82	Discus	Tom Slattery	2nd
1981-82	Long Jump	Brian Ross	5th
1981-82	Triple Jump	Brian Ross	2nd
1982-83	Discus	Tom Slattery	1st
1982-83	Shot Put	Tom Slattery	1st
1983-84	100 Meter	Jeff Meinen	1st
1983-84	800 Meter	Mike Wetrich	5th
1983-84	1600 Meter Relay		3rd
1983-84	3200 Meter Relay		6th
1983-84	Medley Relay		2nd
1983-84	High Jump	Dave Bruhn	4th
1984-85	800 Meter	Mike Wetrich	6th
1984-85	1600 Meter Relay		3rd
1984-85	3200 Meter Relay		4th
1984-85	Medley Relay		3rd
1985-86	400 Meter Relay		4th
1985-86	Medley Relay		4th
1986-87	800 Meter	Mike Carr	3rd
1986-87	400 Meter Relay		6th
1986-87	3200 Meter Relay		3rd
1986-87	Medley Relay		1st
1987-88	400 Meter	Aaron Ferrie	4th
1987-88	400 Meter Relay		6th
1987-88	1600 Meter Relay		4th
1987-88	Medley Relay		2nd
1988-89	1600 Meter	Pat Castle	5th
1988-89	3200 Meter	James Ramesbothom	6th
1988-89	400 Meter Relay		6th
1988-89	1600 Meter Relay		4th

## O'GORMAN BOYS STATE TRACK PLACE WINNERS

<u>Year</u>	<u>Event</u>	<u>Runner</u>	<u>Place</u>
1989-90	100 Meter	Jason Miller	4th
1989-90	200 Meter	Jason Miller	4th
1989-90	3200 Meter	Curt Daughters	2nd
1989-90	400 Meter Relay		6th
1989-90	1600 Meter Relay		4th
1989-90	Discus	Mike Brandhagen	6th
1989-90	Long Jump	Dennis Schoenwald	5th
1989-90	Triple Jump	Ryan Good	3rd
1990-91	100 Meter	Jason Miller	6th
1990-91	400 Meter	Dennis Schoenwald	1st
1990-91	1600 Meter	Curt Daughters	6th
1990-91	3200 Meter	Curt Daughters	3rd
1990-91	400 Meter Relay		5th
1990-91	Medley Relay		2nd
1990-91	High Jump	Ryan Matson	4th
1990-91	Long Jump	Dennis Schoenwald	3rd
1991-92	3200 Meter	Jonathan Krass	6th
1991-92	Medley Relay		3rd
1991-92	Discus	Willie Cummings	4th
1991-92	Long Jump	Dennis Schoenwald	2nd
1992-93	400 Meter	Mitch Maguire	1st
1992-93	400 Meter	Josh Pierce	5th
1992-93	800 Meter	Chris Karpen	6th
1992-93	1600 Meter	Jonathan Krass	6th
1992-93	110 Hurdles	Matt Merritt	1st
1992-93	110 Hurdles	Mike Sabers	3rd
1992-93	300 Hurdles	Mike Sabers	1st
1992-93	400 Meter Relay		4th
1992-93	1600 Meter Relay		3rd
1992-93	3200 Meter Relay		4th
1992-93	Medley Relay		3rd
1992-93	High Jump	Justin Olson	6th
1992-93	Long Jump	Dennis Schoenwald	2nd
1992-93	Triple Jump	Rob Hillman	6th
1993-94	1600 Meter	Jason Greene	6th
1993-94	3200 Meter	Jason Greene	1st
1993-94	110 Hurdles	Matt Merritt	2nd
1993-94	300 Hurdles	Matt Merritt	1st
1993-94	3200 Meter Relay		4th
1993-94	Medley Relay		6th
1993-94	Triple Jump	Rob Hillman	6th

## O'GORMAN BOYS STATE TRACK PLACE WINNERS

<u>Year</u>	<u>Event</u>	<u>Runner</u>	<u>Place</u>
1994-95	1600 Meter	Jason Greene	2nd
1994-95	1600 Meter	Troy O'Hara	5th
1994-95	3200 Meter	Jason Greene	1st
1994-95	110 Hurdles	Matt Merritt	1st
1994-95	300 Hurdles	Matt Merritt	1st
1994-95	400 Meter Relay		6th
1994-95	800 Meter Relay		5th
1994-95	3200 Meter Relay		3rd
1994-95	Medley Relay		1st
1995-96	100 Meter	Alex Butterfield	2nd
1995-96	200 Meter	Alex Butterfield	2nd
1995-96	800 Meter	Pat Burke	5th
1995-96	3200 Meter	Sam Kean	6th
1995-96	300 Hurdles	Mike Bollinger	7th
1995-96	4x100 Relay		4th
1995-96	4x800 Relay		4th
1995-96	Medley Relay		2nd
1996-97	100 Meter	Alex Butterfield	1st
1996-97	200 Meter	Alex Butterfield	1st
1996-97	800 Meter	Aaron Strand	3rd
1996-97	1600 Meter	Sam Kean	5th
1996-97	110 Hurdles	Mike Bollinger	8th
1996-97	300 Hurdles	Mike Bollinger	4th
1996-97	300 Hurdles	Ed Whiting	6th
1996-97	4x100 Relay		4th
1996-97	4x200 Relay		6th
1996-97	4x400 Relay		5th
1996-97	4x800 Relay		4th
1996-97	Medley Relay		1st
1996-97	Shot Put	Jason Whiting	7th
1997-98	200 Meter	Bill Josten	8th
1997-98	800 Meter	Jason Twedt	4th
1997-98	1600 Meter	Jason Twedt	5th
1997-98	300 Hurdles	Mike Bollinger	5th
1997-98	4x100 Relay		6th
1997-98	4x400 Relay		6th
1997-98	4x800 Relay		4th
1997-98	Medley Relay		4th

## O'GORMAN BOYS STATE TRACK PLACE WINNERS

<u>Year</u>	<u>Event</u>	<u>Runner</u>	<u>Place</u>
1998-99	3200 Meter	Jon Beatch	7th
1998-99	4x100 Relay		5th
1998-99	4x200 Realy		7th
1998-99	4x400 Relay		6th
1998-99	4x800 Relay		5th
1998-99	Medley Relay		2nd
1998-99	Shot Put	Pat Dickes	8th
1998-99	Discus	Kelly Meeker	7th
1999-00	100 Meter	Ryan Corcoran	8th
1999-00	3200 Meter	John Hage	8th
1999-00	110 Hurdles	Anthony Blaine	4th
1999-00	4x100 Relay		5th
1999-00	4x200 Relay		6th
1999-00	4x800 Relay		6th
1999-00	Triple Jump	Anthony Blaine	6th
2000-01	400 Meter	Tyler Bartling	4th
2000-01	4x100 Relay		2nd
2000-01	4x200 Relay		2nd
2000-01	4x400 Relay		3rd
2000-01	Sprint Medley		2nd
2000-01	High Jump	Casey Woster	4th
2001-02	200 Meter	Tyler Bartling	5th
2001-02	400 Meter	Tyler Bartling	1 st
2001-02	300 Hurdles	Matt Begeman	3rd
2001-02	3200 Meter	Kaleb Boese	6th
2001-02	4x100 Relay		3rd
2001-02	4x200 Relay		2nd
2001-02	4x400 Relay		6th
2001-02	4x800 Relay		5th
2001-02	Shot Put	John Kramer	7th
2001-02	Discus	Ryan Sheppard	7th
2002-03	400 Meter	Tyler Kendle	4th
2002-03	800 Meter	Josh Twedt	6th
2002-03	110 Hurdles	Jacob Steenholdt	5th
2002-03	4x400 Relay		1st
2002-03	4x600 Relay		1st
2002-03	Shot Put	Jared Kantack	2nd
2002-03	Shot Put	Will Kappenman	6th
2002-03	Discus	Jared Kantack	5th

## O'GORMAN BOYS STATE TRACK PLACE WINNERS

<u>Year</u>	<u>Event</u>	<u>Runner</u>	<u>Place</u>
2003-04	4x100		8th
2003-04	4x200		7th
2003-04	400 Meter	Tyler Kendle	4th
2003-04	400 Meter	Scott Hargens	5th
2003-04	4x400		1st
2003-04	800 Meter	Tyler Kendle	1st
2003-04	800 Meter	Jared Greenfield	2nd
2003-04	800 Meter	Scott Hargens	6th
2003-04	4x800		1st
2003-04	1600 Sprint Relay		1st
2003-04	Long Jump	Tyler Schulte	6th
2004-05	4x100		6th
2004-05	4x800		6th
2004-05	1600 Sprint Relay		3rd
2004-05	Long Jump	Jason Reisch	3rd
2004-05	Long Jump	Tyler Schulte	7th
2005-06	Long Jump	Tyler Schulte	5th
2005-06	4x100		1st
2005-06	4x200		2nd
2005-06	4x400		7th
2005-06	1600 Sprint Relay		8th
2006-07	4x100		4th
2006-07	4x200		3rd
2006-07	1600 Sprint Relay		5th
2006-07	Discus	Mike Pharis	7th
2007-08	Discus	Dan Oswald	2nd
2007-08	Discus	Mike Pharis	4th
2007-08	100 Meter	Phil Wright	7th
2007-08	4x100		8th
2007-08	200 Meter	Phil Wright	8th
2007-08	4x200		2nd
2007-08	400 Meter	Trevor Hooten	7th
2007-08	4x400		8th
2008-09	Discus	Dan Oswald	8th
2008-09	Long Jump	Alex Robey	7th
2008-09	Pole Vault	Trevor Hooten	8th
2008-09	4x100		8th
2008-09	200 Meter	Trevor Hooten	6th
2008-09	4x200		8th

## O'GORMAN BOYS STATE TRACK PLACE WINNERS

<u>Year</u>	<u>Event</u>	<u>Runner</u>	<u>Place</u>
2009-10	Discus	Mike Hardie	3rd
2009-10	Long Jump	Kelby Tague	5th
2009-10	Long Jump	Alex Robey	6th
2009-10	Shot Put	Mike Hardie	1st
2009-10	Triple Jump	Kelby Tague	2nd
2009-10	110 Hurdles	Alex Robey	6th
2009-10	200 Meter	Kelby Tague	3rd
2010-11	1600 Sprint Medley		8th
2010-11	Long Jump	Kelby Tague	6th
2010-11	Shot Put	Cedrick Lang	2nd
2011-12	3200 Meter Relay		6th
2011-12	800 Meter Relay		6th
2011-12	Medley Relay		7th
2011-12	3200 Meter Run	Connor Branick	7th
2011-12	Discus	Austin Pharis	8th
2011-12	High Jump	Tanner Schulte	T 5th
2012-13	Discus	Austin Pharis	2nd
2012-13	Discus	Max Smith	8th
2012-13	Pole Vault	Brenden Branick	T 8th
2012-13	800 Meter Run	Chance Freese	3rd
2012-13	3200 Meter relay		6th
2012-13	1600 Meter Run	Chance Freese	6th
2013-14	High Jump	Tanner Schulte	T 6th
2013-14	Triple Jump	Luke Fritsch	5th
2013-14	300 Hurdles	Luke Fritsch	8th
2013-14	400 Meter	Chris Scharpe	7th
2013-14	3200 Meter Relay		6th
2013-14	1600 Meter	Tiegen Lindner	8th
2013-14	3200 Meter	Tiegen Lindner	8th
2014-15	100 Meter	Dodi Makwinja	7th
2014-15	800 Meter	Tiegen Lindner	6th
2014-15	1600 Meter	Tiegen Lindner	5th
2014-15	4X100		6th
2014-15	4X400		8th
2014-15	4X800		6th
2014-15	High Jump	Jack Peery	2nd
2014-15	Triple Jump	Luke Fritsch	2nd

## O'GORMAN BOYS STATE TRACK PLACE WINNERS

<u>Year</u>	<u>Event</u>	<u>Runner</u>	<u>Place</u>
2015-16	800 Meter	Tiegen Lindner	2nd
2015-16	1600 Meter	Tiegen Lindner	2nd
2015-16	400 Meter	Andrew Reuter	2nd
2015-16	300 Hurdles	Luke Fritsch	3rd
2015-16	Triple Jump	Luke Fritsch	1st
2015-16	High Jump	Jack Peery	2nd
2015-16	4x800		2nd
2015-16	4x400		3rd
2016-17	200 Meter	Andrew Reuter	8th
2016-17	400 Meter	Andrew Reuter	1st
2016-17	400 Meter	Garang Longar	4th
2016-17	800 Meter	Dylan Pierson	8th
2016-17	1600 Meter	Dylan Pierson	8th
2015-17	4x400		1st
2016-17	4x200		4th
2016-17	4x800		4th
2017-18	Pole Vault	Tycho Clausen	6th
2017-18	800 Meter	Dylan Pierson	8th
2017-18	110 Hurdles	Alex Hertz	7th
2017-18	400 Meter	Garang Longar	2nd
2017-18	400 Meter	Jackson Meyer	4th
2017-18	Shot Put	Bradley Beck	8th
2017-18	4x800		4th
2017-18	4x200		8th
2017-18	Sprint Medley		7th
2017-18	4x400		2nd

## O'GORMAN BOYS METRO TRACK PLACE WINNERS

<u>Year</u>	<u>Event</u>	<u>Runner</u>	<u>Place</u>
2014	1600 Meter	Tiegen Lindner	2nd
2014	110 Hurdles	Gunnar Sommervold	4th
2014	Sprint Medley		4th
2014	High Jump	Tanner Schulte	1st
2014	Pole Vault	Brendan Branick	1st
2014	Pole Vault	Nick Staudenmier	T 5th
2014	Long Jump	Luke Fritsch	3rd
2014	Triple Jump	Luke Fritsch	2nd
2014	Shot Put	Nate Byrd	5th
2015	100 Meter	Dodi Makwinja	3rd
2015	200 Meter	Andrew Reuter	5th
2015	400 Meter	Andrew Reuter	5th
2015	1600 Meter	Tiegen Lindner	5th
2015	110 Hurdles	Luke Fritsch	4th
2015	300 Hurdles	Luke Fritsch	
2015	300 Hurdles	Gunnar Sommervold	4th
2015	4X100		4th
2015	4X200		3rd
2015	4X400		4th
2015	4X800		4th
2015	Sprint Medley		2nd
2015	High Jump	Jack Peery	3rd
2015	Long Jump	Luke Fritsch	2nd
2015	Triple Jump	Luke Fritsch	1st
2015	Shot Put	Nate Byrd	2nd
2016	100 Meter	Dodi Makwinja	2nd
2016	4X800		4th
2016	1600 Meter	Tiegen Lindner	1st
2016	400 Meter	Andrew Reuter	2nd
2016	300 Meter Hurdles	Luke Fritsch	1st
2016	Sprint Medley		4th
2016	800 Meter	Preston Knobloch	3rd
2016	200 Meter	Andrew Reuter	2nd
2016	4X400		1st
2016	Discus	Lucas Anderson	5th
2016	Pole Vault	Alex Hertz	T 2nd
2016	High Jump	Jack Peery	2nd
2016	Long Jump	Luke Fritsch	3rd
2016	Triple Jump	Luke Fritsch	1st



## O'GORMAN BOYS METRO TRACK PLACE WINNERS

<u>Year</u>	<u>Event</u>	<u>Runner</u>	<u>Place</u>
2017	4x800		4th
2017	4X200		2nd
2017	400 Meter	Andrew Reuter	1st
2017	400 Meter	Tres Jones	3rd
2017	Sprint Medley		2nd
2017	200 Meter	Andrew Reuter	3rd
2017	4X400		1st
2017	Shot Put	Dylan Khallhoff	4th
2017	Pole Vault	Tycho Clausen	3rd
2017	High Jump	Sam Sutcliffe	4th
2017	Triple Jump	Sam Sutcliffe	3rd
2018	4x800		1st
2018	110 Hurdles	Alex Hertz	3rd
2018	100m	Canyon Bauer	3rd
2018	4x200		3rd
2018	400 Meter	Garang Longer	3rd
2018	400 Meter	Jackson Meyer	4th
2015	300 Meter Hurdles	Alex Hertz	2nd
2018	300 Meter Hurdles	Zach Northon	5th
2018	1600 Sprint Msdley		2nd
2018	800Meter	Dylan Pierson	4th
2018	200 Meter	Canyon Bauer	2nd
2018	4x400		2nd
2018	Shot Put	Brady Beck	3rd
2018	Pole Vault	Tycho Clasuen	2nd
2018	High Jump	Sam Sutcliffe	4th
2018	Long Jump	Canyon Bauer	5th
2018	Triple Jump	Sam Sutcliffe	4th

## METRO BOYS TRACK RECORDS

<u>Event</u>	<u>Record Holder</u>	<u>School</u>	<u>Year</u>	<u>Record</u>
100 Meters	David Mulbah	Roosevelt	2014	10.7
200 Meters	David Mulbah	Roosevelt	2014	21.6
400 Meters	Adam Belhaj	Lincoln	2014	49.2
800 Meters	Josh Goehring	Roosevelt	2015	1:56.61
1600 Meters	Tiegen Lindner	O'Gorman	2016	4:22.60
3200 Meters	Will Lauer	Lincoln	2015	9:25.30
110 Hurdles	Mike Enalls	Washington	2016	15.20
300 Hurdles	Mayuen Akok	Roosevelt	2015	39.50
Shot Put	Jack Lembcke	Roosevelt	2014	61' 5"
Discus	Jack Lembcke	Roosevelt	2014	198" 3"
High Jump	Evan Hieber	Lincoln	2016	6' 4"
Long Jump	Alex Wilde	Brandon Valley	2015	21' 4.15"
Triple Jump	Luke Fritsch	O'Gorman	2015	44' 11"
Pole Vault	Brendan Brancik	O'Gorman	2014	14' 0"
4x100 Relay	Max Toenah Chase Vinateri Mike Jones Taryn Christion	Roosevelt	2015	43.17
4x200 Relay	Issac Bindert Nickel Meyers Dalton Jones Barayona Furula	Lincoln	2015	1:30.84
4x400 Relay	Josh Goehring Tyler Slaba Kyle Hess Mayuen Akok	Roosevelt	2015	3:23.52
4x800 Relay	Kyle Hess Davis Johnson Tyler Slaba Josh Goehring	Roosevelt	2015	8:13.94
Medley Relay	Max Toenah Mike Jones Kolby Scott Tyler Slaba	Roosevelt	2015	3:40.58